



WELLNESS SCREENING: BLUEPRINT FOR WELLNESS

How to complete your wellness screening

At a Quest Diagnostics Patient Service Center (PSC) near you. Quest Diagnostics has 2,200 convenient PSC locations across the country.

Register Today!

Visit My Quest for Health and schedule your appointment. If you're unable to register, please reach out to your **Choose Healthy Life** Health Navigator at 404-524-9775.

- My.QuestForHealth.com or use the following QR Code
- Use Registration Key: **choosehealthylife**
- Unique ID: Individual's Telephone number + ABC (ex: 4041234567ABC)



Fasting is Not Required

Take any regularly scheduled medications as usual. Drinking water is permissible and recommended prior to your blood draw.

Wellness Screening Results

Blueprint for Wellness. You will receive an email when your results are ready to view online. Your printed report will arrive in the mail 2-3 weeks after your screening.

Completing your wellness screening is easy and convenient. Lab results will only be shared with you. You can share with your doctor to create a health plan that meets your needs. Results are confidential. This is a free service.

